



UW-L Athletic Camps & Clinics
 25 Mitchell Hall
 1725 State Street
 La Crosse, WI 54601

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**University of Wisconsin-La Crosse
 JUNIOR EAGLE SWIMMING CAMPS 2009**



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 SWIMMING CAMPS
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**Summertime
 Swim Team
 June 15-July 30**

**Age Group
 Swim Camp
 June 16-July 2**

**La Crosse City
 Divers Club
 June 15-July 30**



Junior Eagle Swimming Camps 2008

The University of Wisconsin-La Crosse Junior Eagle Swimming Program is proud to offer competitive swimmers opportunities to train this summer at UW-L. All camps are held in the Mitchell Hall Pool.

The SUMMERTIME SWIM TEAM will be held on Monday through Thursday from June 15-July 30 for swimmers ages 13 and up. Each day will include stroke work, starts and turns, with water and land training. The cost for the entire summer is just \$85 dollars and includes a cap and t-shirt. The times for the summertime swim team will be 7-9 AM OR 5-7 PM. Swimmers will have the option of coming at either time each day throughout the summer.

The AGE GROUP SWIM CAMP will be held Tuesdays, Wednesdays, and Thursdays from June 16-July 2. The camp runs from 3-5 PM, and is for swimmers ages 12 and under who have at least 1 year of competitive swimming experience. The camp will consist of stroke work, starts and turns, water and land training, and video tape analysis. The cost is \$100 and includes a cap and t-shirt.

The LA CROSSE CITY DIVERS CLUB will be held Monday through Thursday from June 15-July 30. The Club meets from Noon-2 PM, and features instruction in diving from current and former collegiate divers, on 1 and 3 meter diving boards. There is no experience necessary and the Club is open to all ages, including college athletes. Cost is only \$40 for a two week session, or \$100 for the entire summer.

UW-La Crosse Head Coach Rich Pein will direct all Junior Eagle summer programs. Other instructors will include UW-L swimmers and other coaches from the area.

**For more information or to register
 online, please visit our website at
www.uwlcamps.com**



University of Wisconsin-La Crosse Junior Eagle Swimming Camps 2009

All camps held in the Mitchell Hall Pool on the UW-La Crosse Campus

Summertime Swim Team

Dates: June 15-July 30 Days: Monday through Thursday

Times: 7:00-9:00am OR 5:00-7:00pm Ages: 13 and up Cost: \$85.00

Age Group Swim Camp

Dates: June 16-July 2 Days: Tuesday/Wednesday/Thursday

Times: 3:00-5:00pm Ages: 12 and under Cost: \$100.00

(Must have 1 year of competitive swimming experience)

La Crosse City Divers Club

Dates: June 15-June 25, July 6-July 16, July 20-30

Days: Monday through Thursday

Time: Noon-2pm Ages: All ages, including college students

Cost: \$40 per session or \$100 for all 3 sessions.

To enroll in the La Crosse City Divers, swimmers must be high level swimmers who are proficient in deep water.

For more information or to register for classes
online, please visit our website at:

www.uwlcamps.com

Registration Form

Junior Eagle Swimming Camps 2009

Name _____ Birthdate _____

Address _____

City _____ State _____ Zip _____

_____ Summertime Swim team (\$85) June 15-July 30

_____ Age Group Swim Camp (\$100) June 16-July 2

_____ La Crosse City Divers Club Session 1 (\$40) June 15-25

_____ La Crosse City Divers Club Session 2 (\$40) July 6-16

_____ La Crosse City Divers Club Session 3 (\$40) July 20-30

_____ All 3 Divers Club Sessions (\$100) June 15-July 30

Please make checks payable to UW-La Crosse and mail this form

with full payment to:

UW-La Crosse Athletic Camps & Clinics

25 Mitchell Hall

La Crosse, WI 54601

OR register online at www.uwlcamps.com

Emergency contact _____ Relationship to camper _____

Phone # _____

E-mail _____

Special Medical Needs _____

Registration implies permission for photos, publicity and inclusion in a participant list unless camp director is notified in writing prior to camp. All camp participants are covered by UW system limited insurance for injury sustained during supervised camp activities. UW-La Crosse is not liable for medical expenses incurred that are not covered by this policy. By signing this form I agree to hold harmless and indemnify UW-La Crosse, their officers, agents, and employees from any and all liability, loss damages, costs, or expenses which are sustained, incurred, or required arising out of the actions of my dependent in the course of the camp. I authorize that any medical, surgical, diagnostic and hospital procedures may be preformed by a physician on my dependent if i cannot be reached in the event of an emergency.

Parent/Guardian Signature _____ Date _____