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Athletic Camps & Clinics  
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La Crosse, WI 54601

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# University of Wisconsin-La Crosse Junior Eagle Gymnastics Program 2009



SPRING 2009  
www.uwlcamps.com



January 26 - April 23

Parent Comments:

*"We enjoy the excellent instructor to student ratio and the quality of instruction is outstanding."*

*"The curriculum is well planned and the instructors are always very positive with the children."*

*"Thank you for a job well done. I've enjoyed watching my child's fitness and self-confidence grow."*

*"The UW-La Crosse gymnasts are wonderful ambassadors of their sport and the UW-L gymnastics program. We are happy they are role models for our daughter."*

*"The UW-L gymnastics program is POSITIVE, encouraging and where learning is FUN too. Thanks, UW-L gymnasts!"*

Dear Parents,

The UW-L Junior Eagle Developmental Gymnastics Program is looking forward to providing your child with the best gymnastics in a fun, safe and progressive environment. Gymnastics will be provided on vault, bars, beam, floor, trampoline and dance. We follow the USAG levels within the structure of classes and will be evaluating all students during their first class.

Instructors in our program will primarily consist of UW-La Crosse gymnasts who have been involved with the sport of gymnastics for 12 or more years.

The SPRING 2009 session of Junior Eagle Gymnastics will begin on January 26 and end on April 23, 2009. **All students who wish to enroll must complete the enclosed registration form and return it with payment in full by January 19, 2009.** We cannot process incomplete registration forms. All information requested must be provided. All students (returning and new) must also complete the emergency and insurance information. Late registration will only be allowed if the class is not full, and the instructor to student ratio is 1:6 or less. If you do not get your registration in by January 19, please call to check on availability for classes. Full payment should accompany all registrations and can be postdated to February 1, 2009, if necessary.

All classes will be held in Wittich Hall on the UW-L campus (campus map available at <http://www.uwlax.edu/campus-map/>). Classes will be limited in size to ensure a 1:6 instructor to student ratio. Classes will NOT meet the weeks of March 16 - 26, 2009.

If you have any questions concerning registration procedures, contact the Camps & Clinics Office at (608) 785-6544 or visit our Web site at [www.uwlcamps.com](http://www.uwlcamps.com) for more information.

Barbara Gibson, UW-L Gymnastics Coach

## UW-L Junior Eagle Gymnastics Spring 2009 Schedule and Fees (January 26 - April 23, 2009)

Class Number	Class (Age)	Day(s)	Time	Semester Fees
1	Preschool (3-5)	M	6:00-6:40 p.m.	\$70
2	Preschool (3-5)	T	6:00-6:40 p.m.	\$70
3	Preschool (3-5)	W	6:00-6:40 p.m.	\$70
4	Beginner (5-8)	M	6:30-7:30 p.m.	\$100
5	Beginner (5-8)	T	6:30-7:30 p.m.	\$100
6	Beginner (5-8)	W	6:30-7:30 p.m.	\$100
7	Beginner (9-11)	M	7:30-8:30 p.m.	\$100
8	Beginner (9-11)	W	7:30-8:30 p.m.	\$100
9	Intermediate (5-8)	M	6:30-7:30 p.m.	\$100
10	Intermediate (5-8)	W	6:30-7:30 p.m.	\$100
11	Intermediate (9-11)	M	7:30-8:30 p.m.	\$100
12	Intermediate (9-11)	W	7:30-8:30 p.m.	\$100
13	Intermediate (12-14)	W	7:30-8:30 p.m.	\$100
14	Precompetitive (1 day)	M or W	6:30-8:30 p.m.	\$160
15	Precompetitive (2 days)	M & W	6:30-8:30 p.m.	\$310
16	Pre-Team (instructor eval.)	T & Th	6:30-8:30 p.m.	\$310
17	Team (instructor eval.)	M, T, Th	6:15-8:15 p.m.	\$390
18	Boys (7-15)	Th	6:15-7:30 p.m.	\$110
19*	High School Girls (1 day)	T or Th	6:30-8:30 p.m.	\$170
20*	High School Girls (2 days)	T & Th	6:30-8:30 p.m.	\$290
21	Semi-Private Lesson	M, T, W, Th	5:30-6:30 p.m.	\$15/hr
22	Private Lesson	M, T, W, Th	5:30-6:30 p.m.	\$20/hr

\*Participants may register for seven-week session for class 19 (\$85) or 20 (\$145).

**Make-Up/ Absence Policy** - If a student misses class for any reason please inform the class instructor. Students may make-up the class within three weeks of the absence. All participants must pay the entire class fee, there is no prorating of classes because of students other commitments. Refunds will only be granted with written excuse by the students doctor.

**Family Discount:** Deduct 10% from your TOTAL registration fees if you have two children in the program, 15% if you have three children in the program, and 20% if you have four or more children in the program.

**UW-L Faculty & Staff Discount:** Deduct 20% from your total registration fees. This discount only applies to current UW-L employees and cannot be combined with any other discounts.

Discounts do not apply to students in ninth grade or higher and can only be applied to the Spring 2009 schedule.

Private and semi-private lessons will only be available as long as staff is available to teach. Please call ahead to schedule private lessons.

The UW-L Junior Eagle Gymnastics program is committed to ensuring a quality and safe experience for all participants. Benefits of the program include:

- Equipment that meets all USA Gymnastics Safety Standards
- USAG progressive levels of instruction
- Athletic trainer on site at all times
- Dependable, experienced gymnasts as good role models for your daughter or son
- Instructor to student ratio of 1:6 or fewer

### Registration Form

UW-La Crosse Junior Eagle Gymnastics  
Spring 2009 (January 26 - April 23, 2009)

name \_\_\_\_\_ date of birth \_\_\_\_\_

address \_\_\_\_\_

city \_\_\_\_\_ state \_\_\_\_\_ zip \_\_\_\_\_

class # \_\_\_\_\_ day \_\_\_\_\_ fee \_\_\_\_\_

name of second child participating \_\_\_\_\_ date of birth \_\_\_\_\_

address (if different) \_\_\_\_\_

city \_\_\_\_\_ state \_\_\_\_\_ zip \_\_\_\_\_

class # \_\_\_\_\_ day \_\_\_\_\_ fee \_\_\_\_\_

Please make checks/money orders payable to  
UW-La Crosse and mail this form with full payment to:  
**UW-La Crosse Athletic Camps & Clinics**  
**25 Mitchell Hall**  
**La Crosse, WI 54601**

OR register online at [www.uwlcamps.com](http://www.uwlcamps.com)

\*Online registration is provided by Camp Registry. Online service charges apply and are not refundable by UW-La Crosse.

Total amount enclosed: \$ \_\_\_\_\_

emergency contact \_\_\_\_\_ relationship to camper \_\_\_\_\_

phone # \_\_\_\_\_ email address \_\_\_\_\_

medical insurance company \_\_\_\_\_ policy # \_\_\_\_\_

special medical needs for my child(ren) \_\_\_\_\_

WAIVER: Registration implies permission for photos, publicity and inclusion in a participant list unless camp director is notified in writing prior to camp. All camp participants are covered by UW system limited insurance for injury sustained during supervised camp activities. UW-La Crosse is not liable for medical expenses incurred that are not covered by this policy. By signing this form I agree to hold harmless and indemnify UW-La Crosse, their officers, agents, and employees from any and all liability, loss damages, costs, or expenses which are sustained, incurred, or required arising out of the actions of my dependent in the course of the camp. I authorize that any medical, surgical, diagnostic and hospital procedures may be performed by a physician on my dependent if i cannot be reached in the event of an emergency.

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_