

## UW-L Women's Basketball Definite Dozen

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1. Respect yourself and others.
2. Take full responsibility.
3. Develop and demonstrate loyalty.
4. Learn to be a great communicator.
5. Discipline yourself so no one else has to.
6. Make hard work your passion.
7. Don't just work hard, work smart.
8. Put the team before yourself.
9. Make winning an attitude.
10. Be a competitor.
11. Change is a must.
12. Handle success like you handle failure.



## UW-LA CROSSE WOMEN'S BASKETBALL HOME SCHEDULE 2011-2012

Nov. 26	Finlandia	7:00
Nov. 27	TBA	1/3:00
Dec. 3	UW-Eau Claire	3:00
Dec. 7	UW-Whitewater	7:00
Dec. 10	UW-Superior	3:00
Dec. 29	Luther College	7:00
Dec. 30	Calvin College	3:00
Jan. 11	UW-River Falls	7:00
Jan. 14	UW-Stevens Point	3:00
Jan. 28	UW-Oshkosh	3:00
Feb. 8	UW-Stout	7:00
Feb. 11	UW-Platteville	3:00



## UW-LA CROSSE LIL' EAGLES BASKETBALL 2011



**For Girls in Grades 2-8**

**Dates: Sunday Afternoons  
October 9, 16, 23, 30**

**3:30-5:30 P.M.-Mitchell Hall**

**2010-2011 UW-L Women's  
Basketball Team Highlights**

20-8 Overall Record  
12-4 WIAC Record  
WIAC Tournament  
NCAA Tournament

**"Building Champions On  
and Off the Court"**



The UW-La Crosse

Women's Basketball program is excited to offer an educational basketball program for you. Our Lil' Eagles Basketball program is for girls in grades 2-8.

We are committed to providing an environment to develop and maximize your individual skills and fundamentals, as well as building team concepts.

UW-L players and staff will be on hand weekly to teach skills and fundamentals, coach games, and have a positive interaction with you.

Our fall program will begin on **Sunday, October 9th** and run for four weeks through October 30th, from 3:30-5:30 P.M. in the UW-La Crosse Mitchell Hall Gym.

Pre-registration is encouraged as numbers will be limited. For more information, please contact our office at 608-785-8618 or e-mail: [lheeren@uwlax.edu](mailto:lheeren@uwlax.edu).

Online registration is available at: [www.uwlcamps.com](http://www.uwlcamps.com)

We are excited and looking forward to four great weeks of basketball.

--Head Coach Lois Heeren



## LIL' EAGLES INFORMATION

**COST:**  
**\$60.00 per child**  
**\$10.00 discount for additional family member in either girls or boys youth basketball program**

### All Lil' Eagles Receive:

- UW-La Crosse Sling Bag
- Pizza Party on last night
- Player autographs
- Free admission to women's basketball home games!



### Lil' Eagles Basketball Registration Form

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Grade: \_\_\_\_\_ Phone: \_\_\_\_\_

Address \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Email Address: \_\_\_\_\_

School \_\_\_\_\_

Have you been involved with any UW-L basketball program in the past? YES NO

WAIVER: Registration implies permission for photos, publicity and inclusion in a participant list unless camp director is notified in writing prior to camp. By signing this form I agree to hold harmless and indemnify UW-La Crosse, their officers, agents, and employees from any and all liability, loss, damages, costs, or expenses which are sustained, incurred, or required arising out of the actions of my dependent in the course of the camp. I authorize that any medical, surgical, diagnostic and hospital procedures may be performed by a physician on my dependent if I cannot be reached in the event of an emergency.

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

**Mail registration form and full payment to: UW-L Athletic Camps & Clinics, 25 Mitchell Hall, La Crosse, WI 54601 (Make checks payable to UW-La Crosse)**