



University of Wisconsin-La Crosse

UW-L Athletic Camps & Clinics
25 Mitchell Hall
1725 State Street
La Crosse, WI 54601

Non-profit Org.
U.S. Postage
PAID
La Crosse, Wis.
Permit No. 545

UW-LA CROSSE FOOTBALL CAMP 2010

UW-La Crosse is an affirmative action/equal opportunity employer and is in compliance with Title IX and Section 504. Advise us at time of registration if you desire special accommodations. Requests will be kept confidential. This publication was not produced at taxpayer expense.



University of Wisconsin-La Crosse FOOTBALL CAMP 2010

UW-LA CROSSE
FOOTBALL CAMP 2010

June 23-26, 2010

T
H
E

C
A
M
P

O
F

C
H
A
M
P
I
O
N
S



Eagle Tradition
3 National Championships
33 WIAC Championships
Second all-time winningest DIII program

UW-LA CROSSE EAGLE FOOTBALL CAMP 2010

“CAMP OF CHAMPIONS”

The 2010 “Camp of Champions” will provide campers with the ultimate experience. Not only will campers learn “championship” techniques, which have been the backbone behind the storied success at UW-La Crosse, but they will also enhance their experience by putting those techniques to use in controlled group and/or team drills.

What does this mean? The 2010 “Camp of Champions” is a great way for high school teams to lay the foundation for a successful season. During the camp, all players will be instructed in techniques for their position, along with working with their respective teams in group-drills, along with the opportunity to put it all together in controlled scrimmage situations. Camp is open to all players entering grades 9-12.

Teams will also have the opportunity for dedicated team time during practices and the opportunity for team instruction in a classroom environment.

We will again measure our camp’s success by the athletes and teams who leave camp with the leadership abilities, pride and mental toughness needed for success in their upcoming seasons. We would like to see everyone continue as campers have in the past and become conference champions and state playoff contenders — hence another reason to call this the “Camp of Champions.”

Camp Philosophy

- Over 30 years on the camp scene
- Four days — nine sessions
- Individual attention for each camper
- One coach to eight athletes
- Goal setting — positive mental attitude
- Commitment to excellence

Camp Objectives for Position Groups

Quarterbacks: ball handling, passing mechanics, footwork, reading keys, leadership

Running backs: ball carrying, footwork, pass receiving, faking, blocking

Receivers and Tight Ends: pass catching skills, releases, routes, ball carrying, blocking

Linebackers: stance, keys, reaction, pass drops, taking on blockers, tackling

Defensive backs: stance, keys, backpedal, reaction, zone and man coverage, tackling

Offensive line: stance, starts, pulling, trapping, shoulder blocks, zone blocks, double team blocks, pass protection

Defensive line: stance, starts, reactions, hand shiver, reads, pass rush, playing the trap, tackling

Camp Director

UW-La Crosse Head Football Coach Larry Terry is in his 12th year as camp director. During that time, the camps have enjoyed tremendous success. Terry believes the key component that has built this rich tradition of camp success is selecting knowledgeable and enthusiastic coaches for the camp staff. Says Terry, "Ours is truly a teaching staff, all of whom care about the development of each camper as a player and person." As an alum of the traditionally strong UW-L football program and current head coach, Terry knows the importance of teaching fundamental skills, mental toughness, and teamwork.



Terry's contributions have been an important part of the Eagles success. As a member of the UW-L staff, the Eagles have won two NCAA III ('92 & '95) championships and twice finished runner-up for the NAIA championship ('88 & '89). The Eagles have won 10 conference championships during his tenure. As offensive coordinator, Terry has designed one of the most explosive offenses in Division III. Virtually every offensive school record at UW-L has been set in the last 15 years.

Camp Coordinators/Staff

TJ Mickschl, UW-L Tight Ends Coach, is in his fourth season as a member of the UW-L coaching staff. He was UW-L's tight ends coach on the 1992 NCAA III Championships team and also played on 4 straight NCAA qualifying teams for UW-L from 1988-91. The 88 and 89 teams were National Runners-up.

Mike Anderson, will be entering his 12th season as the UW-L Offensive Line Coach and 14th season overall on the UW-L staff. Mike is known throughout the league for his dedication to offensive line play and his ability to produce an outstanding line year after year. Mike was named the WIAC Assistant Coach of the Year in 2003. He was also the former head coach at La Crosse Central, where he claimed five league championships.

Dennis Goettl is the offensive coordinator of three-time state champions Marshfield H.S. Coach Goettl was a record-setting quarterback at UW-L and has been a part of the UW-L camps for 13 years. Dennis is known throughout the state as one of the best teachers of quarterback play. He is highly organized and a very inspirational coach and teacher.

Jeff Conway, UW-L Defensive Coordinator and Linebackers coach is entering his seventh season for the Eagles. He was the head coach at La Crescent (Minn.) High School from 1996-2003, and Winona Cotter High School from 1992-95.

Brian Wrobel, UW-L Quarterbacks Coach enters his second season on the UW-L coaching staff in 2010. He played quarterback at Winona (Minn.) State University from 2000-2005 and earned second team All-America honors as a junior. Wrobel had two stints in the National Football League with the Seattle Seahawks (2005) and Green Bay Packers (2006) while also playing in NFL Europe with the Berlin Thunder (2006) and the Rhein Fire (2007).

Larry Noll, UW-L Defensive Backs Coach has been on the Eagles' staff for six years. A 1983 graduate of UW-L, Noll spent 1997-2004 as head football coach at Sparta (Wis.) High School.

Other members of the UW-L Eagle Football Coaching Staff, High School Coaches, and UW-L players will be assisting with the camp.

Registration and Fees

Camp registration will be Wednesday, June 23 from noon-2 p.m. Camp ends Saturday, June 26, at noon. The resident fee is \$325 and covers all meals and housing in a campus residence hall. The commuter fee is \$225 and includes all daily lunch and dinners. All campers receive a camp shirt. Fees also include insurance, special awards and use of swimming pools. A \$50 non-refundable deposit must accompany the attached registration form. The balance is due at registration. Please make all checks payable to UW-La Crosse. The registration deadline is one week prior to the camp start date. Early enrollment is encouraged. For additional information please visit our website at www.uwlcamps.com.

What to Bring

Camp participants should bring football shoes, tennis shoes, four supporters, three pairs of shorts, plenty of white socks, casual clothing, workout clothing, swimsuit, a small amount of spending money, and, if living in a residence hall, personal items including a **fan**. All quarterbacks should bring one football with the name of the quarterback's high school on the ball.

Residence Halls and Meals

Campers who choose to stay in a university residence hall need to bring all personal items, including towels, blankets and pillows. Two sheets and a pillowcase will be furnished by UW-L. Residence halls feature room refrigerators, big screen televisions, lounges and game rooms. All residence halls have adult resident assistants who have been trained as counselors and information specialists. Resident campers will also have three meals a day beginning with dinner the first day of camp and ending with breakfast the last day. Commuters get lunch and dinner daily. Lunch is not included on last day of camp.

Equipment

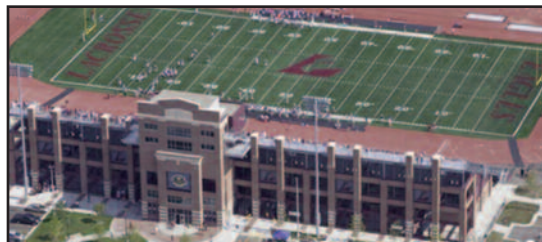
This camp utilizes **full pads** for instructional purposes. We will provide equipment, if needed. If you plan to bring your own equipment, please make sure it is certified and approved by your high school administration. It is very helpful and recommended that you bring your own equipment.

Insurance

All camp participants are covered by UW System limited insurance for injury sustained during supervised camp activities. UW-La Crosse is not liable for medical expenses incurred that are not covered by this insurance policy and campers are encouraged to carry their own insurance.

Location

All camp activities are held on the UW-La Crosse campus, located in a residential area of the city. Entrances to La Crosse have directional signs to campus. On field activities will be at our brand new, state of the art sports complex featuring lighted practice fields and field turf stadium field.



Registration form. Please type or print clearly.

UW-LA CROSSE FOOTBALL CAMP 2010 Wednesday, June 23 - Saturday, June 26

I will attend as a: _____ resident camper (\$325)
_____ commuter camper (\$225)

Name _____

Address _____

City _____ State _____ Zip _____

Home Phone _____ Cell Phone _____

Email _____

Adult t-shirt size: XXL XL L M

Position (Use the abbreviations below to indicate your 1st choice and 2nd choice of positions. If you only play one position, list the same position twice)

QB	RB	WR	TE	OL	ILB	OLB	DB	DL
_____1st Choice			_____2nd Choice					

Birthdate _____ Height _____ Weight _____

School _____ Coach _____

I will enter grade _____ in fall 2010

_____ roommate preference (resident campers only)

Custodial parent at time of camp:

_____ first and last name(s)

_____ address, if different from above

Amount enclosed \$ _____

Please mail this registration form with your deposit or full payment (check payable to UW-La Crosse) to:

**UW-La Crosse Athletic Camps & Clinics
25 Mitchell Hall
La Crosse, WI 54601**

OR register online at: www.uwlcamps.com

*online registration is provided by My Online Camp, online fees apply and are not refundable by UW-La Crosse.