



University of Wisconsin-La Crosse

UW-L Athletic Camps & Clinics  
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# UW-LA CROSSE FOOTBALL CAMP 2009

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## University of Wisconsin-La Crosse FOOTBALL CAMP 2009



UW-LA CROSSE  
FOOTBALL CAMP 2009



### UW-L EAGLE FOOTBALL CAMP

JUNE 17-20, 2009

### CAMP OF CHAMPIONS “The Ultimate Team Camp”



2x NCAA III Champions (1992 & 1995)  
1985 NAIA Champs, 2nd in 1988 & 1989  
33 WIAC Championships  
Second all-time winningest DIII program  
19 trips to post-season play

# UW-LA CROSSE EAGLE FOOTBALL CAMP 2009

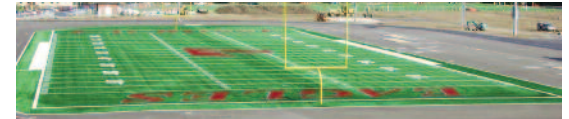
## “CAMP OF CHAMPIONS”

The 2009 “Camp of Champions” will provide campers with the ultimate experience. Not only will campers learn “championship” techniques, which have been the backbone behind the storied success at UW-La Crosse, but they will also enhance their experience by putting those techniques to use in controlled group and/or team drills.

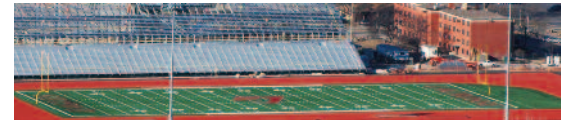
What does this mean? The 2009 “Camp of Champions” is a great way for high school teams to lay the foundation for a successful season. During the week, all players will be instructed in techniques for their position, along with working with their respective teams in group-drills, along with the opportunity to put it all together in controlled scrimmage situations. Camp is open to all players entering grades 9-12.

**Teams will also have the opportunity for dedicated team time during practices and the opportunity for team instruction in a classroom environment.**

We will again measure our camp’s success by the athletes and teams who leave camp with the leadership abilities, pride and mental toughness needed for success in their upcoming seasons. We would like to see everyone continue as campers have in the past and become conference champions and state playoff contenders — hence another reason to call this the “Camp of Champions.”



We will be opening a brand new, state of the art Sports Complex featuring lighted practice fields and field turf stadium. Be the first to use our new football facilities!



## Camp Objectives for Position Groups

**Quarterbacks:** ball handling, passing mechanics, footwork, reading keys, leadership

**Running backs:** ball carrying, footwork, pass receiving, faking, blocking

**Receivers and Tight Ends:** pass catching skills, releases, routes, ball carrying, blocking

**Linebackers:** stance, keys, reaction, pass drops, taking on blockers, tackling

**Defensive backs:** stance, keys, backpedal, reaction, zone and man coverage, tackling

**Offensive line:** stance, starts, pulling, trapping, shoulder blocks, zone blocks, double team blocks, pass protection

**Defensive line:** stance, starts, reactions, hand shiver, reads, pass rush, playing the trap, tackling

## Camp Philosophy

- Over 30 years on the camp scene
- Four days — nine sessions
- Individual attention for each camper
- One coach to eight athletes
- Goal setting — positive mental attitude
- Commitment to excellence

## Camp Director

Larry Terry is in his eleventh year as football camps director at UW-L. With Terry as camps director, the camps have enjoyed tremendous success. Terry believes the key component that has built this rich tradition of camp success is selecting knowledgeable and enthusiastic coaches for the camp staff. Says Terry, "Ours is truly a teaching staff, all of whom care about the development of each camper as a player and person." As an alum of the traditionally strong UW-L football program, former head coach at Ripon College, and current head coach at UW-L, Terry knows the importance of teaching fundamental skills, mental toughness, and teamwork.

Terry's contributions have been an important part of the Eagles success. As a member of the UW-L staff, the Eagles have won two NCAA III ('92 & '95) championships and twice finished runner-up for the NAIA championship ('88 & '89). In addition, the Eagles have won 10 conference championships during his tenure. Terry has been credited with the quarterback development of Jeff Baker, former member of the San Diego Chargers and 1995 Division III Player of the Year, Craig Kusick. His direction also assisted in the progress of Bill Schroeder, former NFL standout wide receiver. As offensive coordinator, Terry has designed one of the most explosive offenses in Division III. Virtually every offensive school record at UW-L has been set in the last 15 years. The Eagles have led the conference six times in both total offense and passing offense under Terry.

## Camp Coordinators

### Wayne Sackett: West Salem High School Head Coach

Wayne Sackett returns to the camp staff in 2009. His West Salem team won the State Championship in 2007. In ten years at West Salem, the Panthers have won four conference championships and been in the state championship game three times.

### Mike Anderson: UW-L Offensive Line Coach

Mike Anderson will be entering his eleventh season as the UW-L Offensive Line Coach and 14th season overall on the UW-L staff. Mike is known throughout the league for his dedication to offensive line play and his ability to produce an outstanding line year after year. Mike was named the WIAC Assistant Coach of the Year in 2003. He was also the former head coach at La Crosse Central, where he claimed five league championships.

### Dennis Goettl: Marshfield High School Offensive Coordinator

Dennis Goettl is the offensive coordinator of three-time state champions Marshfield H.S. Coach Goettl was a record-setting QB at UW-L and has been a part of the UW-L camps for 12 years. Dennis is known throughout the state as one of the best teachers of quarterback play. He is highly organized and a very inspirational coach and teacher.

### Jeff Conway, UW-L Defensive Coordinator/Linebackers coach.

Jeff Conway is entering his sixth season for the Eagles. He was the head coach at La Crescent (Minn.) High School from 1996-2003, and Winona Cotter High School from 1992-95.

## Camp Staff

Besides our camp coordinators, other members of the UW-L Eagle Football Coaching Staff, High School Coaches, and UW-L players will be assisting with the camp.

## Registration and Fees

Camp registration will be Wednesday, June 17 from noon-2 p.m. Camp ends Saturday, June 20, at noon.

The resident fee is \$300 and covers all meals and housing in a campus residence hall. The commuter fee is \$215 and includes all daily lunch and dinners. All campers receive a camp shirt. Fees also include insurance, special awards and use of swimming pools.

A \$50 non-refundable deposit must accompany the attached registration form. The balance is due at registration. Please make all checks payable to UW-La Crosse. The registration deadline is one week prior to the camp start date. Early enrollment is encouraged. For additional information please visit our website at [www.uwlcamps.com](http://www.uwlcamps.com).

## What to Bring

Camp participants should bring football shoes, tennis shoes, four supporters, three pairs of shorts, plenty of white socks, casual clothing, workout clothing, swimsuit, a small amount of spending money, and, if living in a residence hall, personal items including a **fan**. All quarterbacks should bring one football with the name of the quarterback's high school on the ball.

## Residence Halls and Meals

Campers who choose to stay in a university residence hall need to bring all personal items, including towels, blankets and pillows. Two sheets and a pillowcase will be furnished by UW-L. Residence halls feature room refrigerators, big screen televisions, lounges and game rooms. All residence halls have adult resident assistants who have been trained as counselors and information specialists. Resident campers will also have three meals a day beginning with dinner the first day of camp and ending with breakfast the last day. Commuters get lunch and dinner daily. Lunch is not included on last day of camp.

## Equipment

This camp utilizes **full pads** for instructional purposes. We will provide equipment, if needed. If you plan to bring your own equipment, please make sure it is certified and approved by your high school administration. It is very helpful and recommended that you bring your own equipment.

## Insurance

All camp participants are covered by UW System limited insurance for injury sustained during supervised camp activities. UW-La Crosse is not liable for medical expenses incurred that are not covered by this insurance policy and campers are encouraged to carry their own insurance.

## Location

Camps are held on the UW-La Crosse campus, located in a residential area of the city. All entrances to La Crosse have directional signs to campus. La Crosse is easily accessible via car (I-90), bus (Greyhound), train (Amtrak) and plane (Northwest and Midwest).

## Typical Day

7 a.m.	Breakfast
7:30 a.m.	Optional weight room time
9 a.m.	Practice (emphasis on individual drills)
10:30 a.m.	Team time (practice opportunity for teams)
11 a.m.	Leadership lessons
Noon	Lunch
1-2 p.m.	Free time
2 p.m.	Practice (emphasis on group drills)
3:30 p.m.	Team time (practice opportunity for teams)
4 p.m.	Leadership lessons
5 p.m.	Dinner
7 p.m.	Practice — controlled scrimmages
8:30 p.m.	Leadership lessons
9 p.m.	Team classroom opportunities
10 p.m.	In the dorm/commuters dismissed

Registration form. Please type or print clearly.

## UW-LA CROSSE FOOTBALL CAMP 2009 Wednesday, June 17-Saturday, June 20

I will attend as a: \_\_\_\_\_ resident camper (\$300)  
\_\_\_\_\_ commuter camper (\$215)

Name

Address

City

State

Zip

Home Phone

Cell Phone

Email

Adult t-shirt size:      XXL      XL      L      M

**Position (Use the abbreviations below to indicate your 1st choice and 2nd choice of positions. If you only play one position, list the same position twice)**

<b>QB</b>	<b>RB</b>	<b>WR</b>	<b>TE</b>	<b>OL</b>	<b>ILB</b>	<b>OLB</b>	<b>DB</b>	<b>DL</b>
_____	_____	_____	_____	_____	_____	_____	_____	_____
_____1st Choice				_____2nd Choice				

Birthdate

Height

Weight

School

Coach

I will enter grade \_\_\_\_\_ in fall 2009

\_\_\_\_\_ roommate preference (resident campers only)

**Custodial parent at time of camp:**

\_\_\_\_\_ first and last name(s)

\_\_\_\_\_ address, if different from above

**Amount enclosed \$** \_\_\_\_\_

Please mail this registration form with your deposit or full payment (check payable to UW-La Crosse) to:

**UW-La Crosse Athletic Camps & Clinics  
25 Mitchell Hall  
La Crosse, WI 54601**

**OR register online at: [www.uwlcamps.com](http://www.uwlcamps.com)**

\*online registration is provided by Camp Registry, online fees apply and are not refundable by UW-La Crosse.