

Junior Eagle Holiday Camps (Sessions 1 & 2)

Grades: 3-6
Date/Time: January 2-3, 9-a.m.-Noon
Location: Mitchell Hall Fieldhouse
Cost: \$55 per session/\$100 for both

These camps will break down the basic components of hitting, fielding ground and fly balls, defensive and offensive strategy, base running, and throwing. Each session will cover different aspects of the game.

Elite Eagle Holiday Camps (Sessions 1& 2)

Grades: 7-12
Date/Time: January 2-3, 1-4 p.m.
Location: Mitchell Hall Fieldhouse
Cost: \$55 per session/\$100 for both

These camps focus on the three major aspects of the game: Offense, Defense, and Baserunning. Participants will be split up according to position for defensive work. Other aspects covered during the two session include: Strategy, Throwing Mechanics, Bunting, Teamwork, and Rules of the game.

Elite Eagle Hitting Camps (Sessions 1-4)

Grades: 7-12
Date/Time: February 7, 14, 21, 28 / 10 a.m.-Noon
Location: Mitchell Hall Fieldhouse
Cost: \$40 per session/\$150 for all 4

These clinics are designed for continuous progression. Coaches will break down each individual swing and teach proper ways to be successful at the plate. Advanced players under grade 7 can apply for placement in the Elite group with permission of Coach Schwarz.



Junior Eagle Fundamental Camps (Sessions 1 & 2)

Grades: 3-6
Date/Time: February 7 & February 14 / 1-3 p.m.
Location: Mitchell Hall Fieldhouse
Cost: \$40 per session/\$75 for both

The sessions are designed to be a reaffirmation and continuation of the Holiday Camps, but those players who did not attend the Holiday Camps are welcome and encouraged to attend these camps. Teaching focuses on all the basic components of the game from hitting stance and swing, fielding and positioning, pitching and catching, and basic strategy.

Pitching/Catching/Defensive Specialty Camps (Sessions 1&2)

Grades: 5-12
Date/Time: February 21 & February 28 / 1-3 p.m.
Location: Mitchell Hall Fieldhouse
Cost: \$55 per session/\$100 for both

These camps are designed to isolate your specific position in the field and break down its components. From outfield to middle infield to corner infield, your defensive skills will be drilled and made better. Pitchers will focus on mechanics, ball location, changing of speed, ways to increase velocity, and injury prevention. Catchers learn blocking and receiving, set-up and stance, throwing and controlling the game.

Price Breaks

Junior Eagles (Grades 3-6)

Attend both holiday camps & both fundamental camps: **\$165**

Junior Eagles (Grades 5-6 only)

Attend all holiday camps, fundamental camps & specialty camps: **\$250**

Elite Eagles (Grades 7-12)

Attend both Holiday Camps & all 4 Hitting Camps: **\$230**

or

Attend all Holiday Camps, all hitting camps, & specialty camps: **\$325**

Call Coach Chris Schwarz for information on
TEAM discounts at 608-785-6540

Registration form - 2009 UW-L Baseball Camps

name

address

city state zip

name of parent or guardian

e-mail

home phone cell phone

current grade birth date

position school

Camp Sessions Attending (Circle all that apply)

Junior Eagle Holiday Camps	1	2
Elite Eagle Holiday Camps	1	2
Junior Eagle Fundamentals Camps	1	2
Specialty Camps	1	2
Elite Eagle Hitting Camps	1	2 3 4

Please make checks/money orders payable to UW-La Crosse and mail this form with full payment to:

**UW-La Crosse Athletic Camps & Clinics
25 Mitchell Hall
La Crosse, WI 54601**

OR register online at www.uwlcamps.com

*Online registration is provided by Camp Registry. Online service charges apply and are not refundable by UW-La Crosse.

Total amount enclosed: \$ _____

WAIVER: Registration implies permission for photos, publicity and inclusion in a participant list unless camp director is notified in writing prior to camp. All camp participants are covered by UW system limited insurance for injury sustained during supervised camp activities. UW-La Crosse is not liable for medical expenses incurred that are not covered by this policy. By signing this form I agree to hold harmless and indemnify UW-La Crosse, their officers, agents, and employees from any and all liability, loss damages, costs, or expenses which are sustained, incurred, or required arising out of the actions of my dependent in the course of the camp. I authorize that any medical, surgical, diagnostic and hospital procedures may be performed by a physician on my dependent if I cannot be reached in the event of an emergency.

Parent/Guardian Signature

Date



University of Wisconsin-La Crosse
 UW-L Athletic Camps Office
 25 Mitchell Hall
 1725 State Street
 La Crosse, WI 54601

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 U.S. Postage
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 La Crosse, Wis.
 Permit No. 545

UW-LA CROSSE BASEBALL CAMPS 2009

UW-La Crosse is an affirmative action/equal opportunity employer and is in compliance with Title IX and Section 504. Advise us at time of registration if you desire special accommodations. Requests will be kept confidential.

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University of Wisconsin-La Crosse BASEBALL CAMPS 2009



www.uwlcamps.com



Junior Eagle Holiday Camps
 January 2-3, 2009

Elite Eagle Holiday Camps
 January 2-3, 2009

Elite Eagle Hitting Camps
 February 7, 14, 21, 28, 2009

Junior Eagle Fundamental Camps
 February 7 & 14, 2009

Pitching/Catching/Defensive Camps
 February 21 & 28, 2009



Join us this winter for the highest quality baseball instruction available. We offer camps and clinics for kids of all ages, and at a variety of times and dates. It takes hard work, dedication, and love of the game to become the best baseball player possible, and we can help. The UW-L Eagles Baseball Program offers top-notch instructors and facilities to aid you in getting all the preparation needed before your season rolls around. Campers get the personal instruction needed to improve in specific areas, including physical, mental, and strategic aspects of the game. So choose which camps you would like to attend, come learn and have fun! Coaches and parents are welcome.

Facilities

The camps will all take place on the UW-L campus, in the Mitchell Hall Fieldhouse. The fieldhouse offers state of the art, drop down batting tunnels, as well as other nets and screens to maximize indoor baseball instruction. There is plenty of room to spread out and go through all infield and outfield drills as well. There is no better place in the area to be indoors for baseball.

What to Bring/Wear

- Glove • Athletic shoes • Shorts or sweats
- Athletic supporter / cup • T-shirt & long sleeves
- Catchers gear (if applicable) • Bat

Camp Staff

Head Coach Chris Schwarz

Chris Schwarz is in his fifth season as UW-La Crosse head baseball coach. He was named the 2006 WIAC Coach of the Year. Schwarz was an assistant coach at UW-L in 2003-04, and also played at UW-L.



Also joining the camp staff will be current UW-L coaches and players. They bring their skill, knowledge and enthusiasm to give your child the best camp experience possible. Camper to instructor ratio will be at 5:1 or better for each camp.