

Youth Fundamental Camps

Grades: 3-6
Date/Time: January 2 / 9-11 a.m.
February 6 / 1-3 p.m.
Cost: \$40 per session

These camps will break down the basic components of hitting, fielding ground and fly balls, defensive and offensive strategy, base running, and throwing.

Pitching/Catching/Defensive Specialty Camps

Grades: 5-12
Date/Time: January 2 / 11:30 a.m.-1:30 p.m.
February 13 / 1-3 p.m.
February 20 / 1-3 p.m.
Cost: \$50 per session

These camps are designed to isolate your specific position in the field and break down its components. From outfield to middle infield to corner infield, your defensive skills will be drilled and made better. Pitchers will focus on mechanics, ball location, changing of speed, ways to increase velocity, and injury prevention. Catchers learn blocking and receiving, set-up and stance, throwing and controlling the game.

High School Fundamental Camp

Grades: 7-12
Date/Time: January 2 / 2-4 p.m.
Cost: \$50

These camps will focus of hitting, fielding ground and fly balls, defensive and offensive strategy, base running, and throwing, and will be geared toward players with more playing experience.

For more information about camp programs or to contact the camps office, please visit our website at:
www.uwlcamps.com

If you have specific questions about camp content, contact Coach Schwarz at:
schwarz.chri@uwlax.edu or call 608-785-6540.

Hitting Camps

Grades: 5-12
Date/Time: February 6 / 10a.m.-Noon
February 13 / 10a.m.-Noon
February 20 / 10a.m.-Noon
Cost: \$50 per session

Coaches will break down each individual swing and teach proper ways to be successful at the plate. All campers will get time in the batting cages.

High School Season Preparation

Grades: 7-12
Date: March 20
Time: 10 a.m.-Noon Hitting Clinic
1 p.m.-3 p.m. Pitch/Catch/Defense
Cost: \$50 per session

Get ready for your season with some time in the batting cage and by brushing up on your pitching, catching, and defensive skills. All the components that go into our other camps will be combined to get you ready for the first day of practice. Get a head start on everyone else by getting some early repetitions.



Registration form - 2010 UW-L Baseball Camps

name _____
address _____
city _____ state _____ zip _____
name of parent or guardian _____
e-mail _____
home phone _____ cell phone _____
current grade _____ position _____ birth date _____

Camp Sessions Attending (Check all that apply)

Youth Fundamental - Jan. 2 (\$40) _____
Youth Fundamental - Feb. 6 (\$40) _____
Pitching/Catching/Defensive - Jan. 2 (\$50) _____
Pitching/Catching/Defensive - Feb. 13 (\$50) _____
Pitching/Catching/Defensive - Feb. 20 (\$50) _____
High School Fundamental - Jan. 2 (\$50) _____
Hitting - Feb. 6 (\$50) _____
Hitting - Feb. 13 (\$50) _____
Hitting - Feb. 20 (\$50) _____
High School Prep-Hitting - March 20 (\$50) _____
High School Prep-Pitch/Catch/Defense (\$50) _____

Please make checks/money orders payable to
UW-La Crosse and mail this form with full payment to:
UW-La Crosse Athletic Camps & Clinics
25 Mitchell Hall
La Crosse, WI 54601

OR register online at www.uwlcamps.com

*Online registration is provided by My Online Camp. Online service charges apply and are not refundable by UW-La Crosse.

Total amount enclosed: \$ _____

WAIVER: Registration implies permission for photos, publicity and inclusion in a participant list unless camp director is notified in writing prior to camp. All camp participants are covered by UW system limited insurance for injury sustained during supervised camp activities. UW-La Crosse is not liable for medical expenses incurred that are not covered by this policy. By signing this form I agree to hold harmless and indemnify UW-La Crosse, their officers, agents, and employees from any and all liability, loss damages, costs, or expenses which are sustained, incurred, or required arising out of the actions of my dependent in the course of the camp. I authorize that any medical, surgical, diagnostic and hospital procedures may be performed by a physician on my dependent if I cannot be reached in the event of an emergency.

Parent/Guardian Signature _____

Date _____



University of Wisconsin-La Crosse
 UW-L Athletic Camps Office
 25 Mitchell Hall
 1725 State Street
 La Crosse, WI 54601

Non-profit Org.
 U.S. Postage
PAID
 La Crosse, Wis.
 Permit No. 545

UW-LA CROSSE BASEBALL CAMPS 2010

UW-La Crosse is an affirmative action/equal opportunity employer and is in compliance with Title IX and Section 504. Advise us at time of registration if you desire special accommodations. Requests will be kept confidential.

This publication was not produced at taxpayer expense.



University of Wisconsin-La Crosse BASEBALL CAMPS 2010

www.uwlcamps.com



Youth Fundamental Camps
 January 2 & February 6

Pitching/Catching/Defensive Camps
 January 2, February 13, 20

High School Fundamental Camps
 January 2

Hitting Camps
 February 6, 13, 20

High School Season Preparation
 March 20



Join us this winter for the highest quality baseball instruction available. We offer camps and clinics for kids of all ages, and at a variety of times and dates. It takes hard work, dedication, and love of the game to become the best baseball player possible, and we can help. The UW-L Eagles Baseball Program offers top-notch instructors and facilities to aid you in getting all the preparation needed before your season rolls around. Campers get the personal instruction needed to improve in specific areas, including physical, mental, and strategic aspects of the game. So choose which camps you would like to attend, come learn and have fun! Coaches and parents are welcome.

Facilities

The camps will all take place on the UW-L campus, in the Mitchell Hall Fieldhouse. The fieldhouse offers state of the art, drop down batting tunnels, as well as other nets and screens to maximize indoor baseball instruction. There is plenty of room to spread out and go through all infield and outfield drills as well. There is no better place in the area to be indoors for baseball.

What to Bring/Wear

- Glove • Athletic shoes • Shorts or sweats
- Athletic supporter / cup • T-shirt & long sleeves
- Catchers gear (if applicable) • Bat

Camp Staff

Head Coach Chris Schwarz

Chris Schwarz is in his sixth season as UW-La Crosse head baseball coach. He was named the 2006 WIAC Coach of the Year. Schwarz was an assistant coach at UW-L in 2003-04, and also played at UW-L.



Also joining the camp staff will be current UW-L coaches and players. They bring their skill, knowledge and enthusiasm to give your child the best camp experience possible. Camper to instructor ratio will be at 5:1 or better for each camp.