

# UNIVERSITY OF WISCONSIN-LA CROSSE

## INTERCOLLEGIATE ATHLETICS

### SOFTBALL FALL INSTRUCTIONAL LEAGUE



Grades 9-12

SEPTEMBER 18-OCTOBER 9

[WWW.UWLCAMPS.COM](http://WWW.UWLCAMPS.COM)

**BUILDING CHAMPIONS.**  
In Sport. In School. In Life.

## UWL EAGLE ATHLETICS

19 NCAA Division III Sports

550 Student-Athletes

69 National Championships

388 Conference Championships

216 Individual National Champions

2,533 All-America Honors

76 CoSIDA Academic All-Americans

3.23 Cumulative GPA in 2015-16

200 Community Service Hours Per Team



[WWW.UWLCAMPS.COM](http://WWW.UWLCAMPS.COM)

OR

CAMPS OFFICE AT 608.785.8193

[athleticcamps@uwla.edu](mailto:athleticcamps@uwla.edu)



UW-La Crosse Athletics



@UWLATHLETICS

UW-La Crosse is an affirmative action and equal opportunity employer and is in compliance with Title IX and section 504. Advise us at the time of registration if you desire special accommodations. Requests will be kept confidential.

Dear Camper,

The coaching staff and players at the University of Wisconsin-La Crosse would like to invite you and your teammates to participate in the area's most comprehensive fall softball instructional league.

The league will take place on four consecutive Sundays: September 18, September 25, October 2 and October 9. October 16 will be the raindate. Each Sunday will consist of two seven-inning (or 80-minute) games and 90 minutes of warmups/instruction for each player/team. Each player will be assigned a team after the registration period concludes. The schedule will be distributed no later than September 6.

The Softball Fall Instructional League will take place at our beautiful, newly-renovated 500-seat softball stadium located on UWL's North Campus.

Each participant will need to bring the following items to each session: gloves, spikes, softball pants, long-sleeve undershirt, team t-shirt and a filled water bottle.

The team t-shirt will be distributed on the first day.

The fee will be \$125 for each participant. Each participant will be guaranteed 15 hours of competitive softball and warmups/instruction, a UW-La Crosse softball t-shirt, and a chance to share in the tradition of one of the premiere college softball programs in the midwest/country.

I hope to see you on the field this fall.

Chris Helixon  
Head Softball Coach



[WWW.UWLCAMPS.COM](http://WWW.UWLCAMPS.COM)

# 2016 SOFTBALL FALL INSTRUCTIONAL LEAGUE

**DATES: SUNDAY, SEPTEMBER 18, 25 AND OCTOBER 2, 9 (RAIN DATE IS OCTOBER 16)**  
**Each player will be assigned a team in the league.**

All games and instruction will take place at our UWL softball facility.

The schedule for each team/player will be emailed to the participant no later than September 6. Please provide a valid email address on the registration form and print clearly.

Every Sunday, each participant will play two games and experience 90 minutes of warm-ups/instruction.

The UWL coaching staff and UWL softball players will serve as instructors.

Games will be seven innings, with a limit of 80 minutes.



## TYPICAL FORMAT FOR EACH SESSION\*

Session 1:	10:30-11:00 a.m.	Warm-up
	11:00 a.m.-2:00 p.m.	Two games
	2:00-3:00 p.m.	Instruction for all teams
Session 2:	1:30-2:00 p.m.	Warm-up
	2:00-3:00 p.m.	Instruction for all teams
	3:00-6:00 p.m.	Two games

\*Each team will play in one of the two sessions each Sunday. Sessions will be assigned and noted on the master schedule.

**COST - \$125** Grades 9-12

**Registration deadline is Friday, September 2.**

**Rain date is scheduled for Sunday, October 16.**

For team registration or if you have any questions contact  
 Chir Helixon, Head Coach  
 by email [chelixon@uwlax.edu](mailto:chelixon@uwlax.edu) or by phone 608.785.6536

## Registration form: Please print clearly 2016 SOFTBALL FALL INSTRUCTIONAL LEAGUE

Participant's Full Name \_\_\_\_\_

Current Grade \_\_\_\_\_ School Attending \_\_\_\_\_

Parent's/Guardian Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Cell Phone \_\_\_\_\_ HomePhone \_\_\_\_\_

Email — necessary for confirmation and league communication \_\_\_\_\_

Special needs for participant(s) \_\_\_\_\_

Requested Teammate(s) \_\_\_\_\_

Primary Position (circle one): P C 1B 2B SS 3B OF

Secondary Position (circle one): P C 1B 2B SS 3B OF

Can you pitch? Yes No Can you catch? Yes No

Bats: R or L Throws: R or L

Unisex T-shirt size (circle one): S M L XL

Check enclosed, made payable to UW-La Crosse.

**Detach completed form and send with payment to:**

UW-La Crosse Athletic Camps & Clinics  
 25A Mitchell Hall  
 1725 State. St.  
 La Crosse, WI 54601

**Registration deadline  
 is Friday, Sept. 2.**

## REGISTER ONLINE FOR YOUR CONVENIENCE! Register online at: [www.uwlcamps.com](http://www.uwlcamps.com)

Full registration can be taken online with your credit card. Online registration is provided by MyOnlineCamps. Online service charges apply and are NOT refundable by UW-La Crosse. Full payment is required with fully completed registration for both mail and online registration.

**WAIVER:** Registration implies permission for photos, publicity and inclusion in a participant list unless camp director is notified in writing prior to camp. By signing this form I agree to hold harmless and indemnify UW-La Crosse, their officers, agents, and employees from any and all liability, loss, damages, costs, or expenses which are sustained, incurred, or required arising out of the actions of my dependent in the course of the camp. I authorize that any medical, surgical, diagnostic and hospital procedures may be performed by a physician on my dependent if I cannot be reached in the event of an emergency.

Parent's/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

## BUILDING CHAMPIONS

The UW-La Crosse Softball is a program of rich tradition and has built a winning culture.

- NCAA Regional Playoff Appearances (2009, 2010, 2011)
- 31 All-Region Players
- 3 WIAC Position Players of the Year (2002, 2010, 2011)
- WIAC Regular Season Champions (2010)
- 139 All-WIAC Players
- 3 WIAC Pitchers of the Year (2003, 2010, 2016)
- WIAC Tournament Champions (2009, 2010)
- 4 WIAC Scholar-Athletes
- WIAC Coach of the Year (2010)
- 4 consecutive WIAC Tourney Appearances
- 10 NFCA All-America Scholar Athletes (2015)
- Newly-renovated 500-seat stadium