

# UNIVERSITY OF WISCONSIN-LA CROSSE

## INTERCOLLEGIATE ATHLETICS

### JUNIOR EAGLE GYMNASTICS



Spring  
2016

HOME OF THE  
WIAC WEST REGIONAL  
CHAMPIONSHIPS  
MARCH 4, 2016

FEBRUARY 1-APRIL 28, 2016

[WWW.UWLCAMPS.COM](http://WWW.UWLCAMPS.COM)

**BUILDING CHAMPIONS.**

In Sport. In School. In Life.

Dear Parents,

The UW-L Junior Eagle Developmental Gymnastics Program is looking forward to providing children in the Coulee Region with the best gymnastics in a fun, safe and progressive environment. Gymnastics will be provided on vault, bars, beam, floor, trampoline and dance. We follow the USAG levels within the structure of classes and will be evaluating all students during their first class.

Instructors in our program will primarily consist of UW-La Crosse gymnasts who have been involved with the sport of gymnastics for 12 or more years.

The Spring 2016 session of Junior Eagle Gymnastics will begin on February 1 and end on April 28, 2016. All students who wish to enroll must either register online at [www.uwlcamps.com](http://www.uwlcamps.com) or must submit paper registration by January 29, 2016. We cannot process incomplete registrations. All information requested must be provided. All students (returning and new) must also complete the emergency contact information. Late registration will only be allowed if the class is not full, and the instructor to student ratio is 1:6 or less. Class availability updates are posted on the camps website. Full payment should accompany all registrations.

All classes will be held in Wittich Hall on the UW-L campus (campus map available at [www.uwlax.edu/map](http://www.uwlax.edu/map)). Classes will be limited in size to ensure a 1:6 instructor to student ratio. Please read the discount and cancellation policies, as well as make-up information carefully. Classes will NOT meet the week of March 14-25, 2016.

If you have any questions concerning registration procedures, contact the Camps & Clinics Office via email or visit the website at [www.uwlcamps.com](http://www.uwlcamps.com) or by phone at 608.785.8193.

Barbara Gibson, UW-L Gymnastics Coach  
Kasey Crawford, Program Coordinator



[WWW.UWLCAMPS.COM](http://WWW.UWLCAMPS.COM)  
OR  
CAMPS OFFICE AT 608.785.8193  
[athleticcamps@uwlax.edu](mailto:athleticcamps@uwlax.edu)



UW-La Crosse Athletics



@UWLATHLETICS

UW-La Crosse is an affirmative action and equal opportunity employer and is in compliance with Title IX and section 504. Advise us at the time of registration if you desire special accommodations. Requests will be kept confidential.

### PARENT COMMENTS:

“We enjoy the excellent instructor to student ratio and the quality of instruction is outstanding.”

“The curriculum is well planned and the instructors are always very positive with the children.”

“Thank you for a job well done. I’ve enjoyed watching my child’s fitness and self-confidence grow.”

“The UW-La Crosse gymnasts are wonderful ambassadors of the UW-L gymnastics program. We are happy they are role models for our daughter.”

“The UW-L gymnastics program is POSITIVE, encouraging and where learning is FUN too. Thanks, UW-L gymnasts!”



# SPRING 2016 JUNIOR EAGLE GYMNASTICS FEBRAURY 1-APRIL 28, 2016

The UW-L Junior Eagle Gymnastics program is committed to ensuring a quality and safe experience for all participants.

## BENEFITS OF THE PROGRAM INCLUDE:

- Equipment that meets all USA Gymnastics Safety Standards
- USAG progressive levels of instruction
- Athletic Trainer on site at all times
- Dependable, experienced gymnasts as good role models for your daughter or son
- Instructor to student ratio of 1:6 or fewer

## CLASS DRESS CODE:

Leotards are the preferred dress for all participants. If no leotard is available, tight fitting clothes are necessary.

## WITTICH HALL GYM PHONE

608.785.6517

For emergency purposes and questions related to class/registration during class sessions only.



Class Number	Class (Age recommended)	Day(s)	Time	Semester Fees
1	Preschool (3-5)	Monday	6:00-6:40 p.m.	\$80
2	Preschool (3-5)	Tuesday	6:00-6:40 p.m.	\$80
3	Preschool (3-5)	Wednesday	6:00-6:40 p.m.	\$80
4	Level 1A-Beginner (5-8)	Monday	6:30-7:30 p.m.	\$110
5	Level 1A-Beginner (5-8)	Tuesday	6:30-7:30 p.m.	\$110
6	Level 1A-Beginner (5-8)	Wednesday	6:30-7:30 p.m.	\$110
7	Level 1A-Beginner (8-11)	Monday	7:30-8:30 p.m.	\$110
8	Level 1A-Beginner (8-11)	Wednesday	7:30-8:30 p.m.	\$110
9	Level 1B-Intermediate (5-8)	Monday	6:30-7:30 p.m.	\$110
10	Level 1B-Intermediate (5-8)	Wednesday	6:30-7:30 p.m.	\$110
11	Level 1B-Intermediate (8-11)	Monday	7:30-8:30 p.m.	\$110
12	Level 1B-Intermediate (8-11)	Wednesday	7:30-8:30 p.m.	\$110
13	Level 1B-Intermediate (12-14)	Wednesday	7:30-8:30 p.m.	\$110
14	Level 2-(1 day)	Monday or Wednesday	6:30-8:15 p.m.	\$170
15	Level 2-(2 days)	Monday & Wednesday	6:30-8:15 p.m.	\$320
16	Level 3-(instructor eval.)	Tuesday & Thursday	6:30-8:15 p.m.	\$320**
17A	Junior Eagle A Team	Monday, Tuesday, Thursday	6:30-8:15 p.m.	\$425
17B	Junior Eagle B Team	Tuesday, Thursday	6:30-8:15 p.m.	\$320**
18	Boys (7-12)	Thursday	6:30-7:45 p.m.	\$120
19	High School Girls: Second 6 weeks (1 day)*	Tuesday or Thursday	6:30-8:30 p.m.	\$90
20	High School Girls: Second 6 weeks (2 days)*	Tuesday & Thursday	6:30-8:30 p.m.	\$180
21	Semi-Private Lesson***	Set up with instructor	5:45-6:45 p.m. only	\$20/person
22	Private Lesson***	Set up with instructor	5:45-6:45 p.m. only	\$30/hr

\*High School Girls meet March 21-April 28 only.

\*\*One day cost for class 16 and 17B is \$170.

\*\*\*Private and semi-private lessons will only be available as long as staff is available to teach. In addition, each student 11 and under must be signed up for a regular class in order to qualify for a private or semi-private lesson. Email/call ahead to schedule private lessons.

**Make-Up/Refund Policy:** If a student misses class for any reason, they may make-up the class within three weeks of the absence by showing up for another section of their class. All participants must pay the entire class fee, there is no prorating of classes. Refunds will only be granted because of injury, with a written excuse by the student's doctor.

**Family Discount:** Deduct 10% from your TOTAL registration fees if you have two children in the program, 15% if you have three children in the program, and 20% if you have four or more children in the program.

**UW-L Faculty & Staff Discount:** Deduct 20% from your total registration fees. This discount only applies to children of current UW-L employees or students and cannot be combined with any other discounts. You cannot take the family discount if you take the staff discount.

Discounts do NOT apply to students in ninth grade or higher and can only be applied to the Spring 2016 schedule.

For all discounts. Please mail-in or drop off registration. Do not register online.

**Registration form:** Please print clearly

## SPRING 2016 JUNIOR EAGLE GYMNASTICS REGISTER BY JANUARY 29, 2016

We cannot process incomplete registrations. All information requested must be provided.

Participant's Full Name \_\_\_\_\_

\_\_\_\_\_ Class # \_\_\_\_\_ Day \_\_\_\_\_ Cost \$ \_\_\_\_\_  
Date of birth \_\_\_\_\_

Second Participant's Full Name \_\_\_\_\_

\_\_\_\_\_ Class # \_\_\_\_\_ Day \_\_\_\_\_ Cost \$ \_\_\_\_\_  
Date of birth \_\_\_\_\_

Parent's/Guardian Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Cell Phone \_\_\_\_\_

Work Phone \_\_\_\_\_

Email — necessary for confirmation and camp communication \_\_\_\_\_

Special needs for participant(s) \_\_\_\_\_

Amount Enclosed: \$ \_\_\_\_\_

Check enclosed, made payable to UW-La Crosse

**Detach completed form and send with payment to:**

Return form to: UW-La Crosse Athletic Camps & Clinics

132 Mitchell Hall

1725 State. St.

La Crosse, WI 54601

WAIVER: Registration implies permission for photos, publicity and inclusion in a participant list unless camp director is notified in writing prior to camp. By signing this form I agree to hold harmless and indemnify UW-La Crosse, their officers, agents, and employees from any and all liability, loss, damages, costs, or expenses which are sustained, incurred, or required arising out of the actions of my dependent in the course of the camp. I authorize that any medical, surgical, diagnostic and hospital procedures may be performed by a physician on my dependent if I cannot be reached in the event of an emergency.

Parent's/Guardian Signature \_\_\_\_\_

Date \_\_\_\_\_

**REGISTER ONLINE FOR YOUR CONVENIENCE!**  
**Register online at: [www.uwlcamps.com](http://www.uwlcamps.com)**