



2016 SPRING SWIM LESSONS

Levels 1-6

Hosted by UW-La Crosse Swimming

When:	<u>Session 1</u>	<u>Session 2</u>
	Sundays, Feb 21 – March 20	Sundays, April 3 – May 1
<i>*Sessions are registered for separately</i>		
Levels:	3 Classes Offered Each Date	
	10AM – Levels 1-2	
	11AM – Levels 3-4	
	12PM – Levels 5-6	
Where:	Mitchell Hall Swimming Pool	
	<i>*Locker rooms located in basement (12 & 13) with access to pool from inside</i>	
Cost:	\$75 per Session	

Swim Level Descriptions

Level 1	Primary Skills	Child is comfortable alone in the water (without parent)
Level 2	Stroke Readiness	Child can swim crawlstroke for 10 feet
Level 3	Stroke Development	Child can swim crawlstroke, backstroke and elementary backstroke
Level 4	Stroke Refinement	Child can swim 5 basic strokes: crawl, backstroke, elementary backstroke, sidestroke and breaststroke
Level 5	Stroke Proficiency	Child can swim 100 yards for each of 5 strokes
Level 6	Advanced Skills	Child has good strokes and wants to learn new skills

The level descriptions are guidelines for entering students. All students, regardless of what class they register for will be evaluated on the first day of class and adjustments recommended if necessary.

Visit uwlcamps.com for online registration, printable registration, and more information!

2016 SWIMMING CAMPS: Swim Lessons Levels 1-6 Registration Form



Please print clearly. We cannot process incomplete registrations. All information requested must be provided.

Participants Full Name: _____ Date of Birth: _____

Skill Level (circle one): 1 2 3 4 5 6 Session (circle one or both): Session 1 Session 2
Feb 21-Mar 20 April 3-May 1

Second Participant's Full Name: _____ Date of Birth: _____

Skill Level (circle one): 1 2 3 4 5 6 Session (circle one or both): Session 1 Session 2
Feb 21-Mar 20 April 3-May 1

Address: _____

City/State/Zip: _____

Emergency Contact Name: _____

Phone #1: _____ Phone #2: _____

Email (necessary for confirmation and camp communication): _____

Special needs for participant(s): _____

Swimming Lessons: Levels 1-6

Dates: Session 1: Feb 21 – March 20 (5 dates)
 Session 2: April 3 – May 1 (5 dates)
 ***All Classes are on Sundays*

Times: 10AM – Levels 1-2
 11AM – Levels 3-4
 12PM – Levels 5-6

Ages: All Ages – Refer to Level Descriptions

Cost: \$75 per session (\$150 for both)

Where: Mitchell Hall Swimming Pool

Check enclosed, made payable to: *UW-La Crosse*

Return form to:
*UW-La Crosse Athletic Camps & Clinics
25A Mitchell Hall
1725 State St.
La Crosse, WI 54601*

Amount Enclosed: \$ _____

WAIVER: Registration implies permission for photos, publicity and inclusion in a participant list unless camp director is notified in writing prior to camp. By signing this form I agree to hold harmless and indemnify UW-La Crosse, their officers, agents, and employees from any and all liability, loss, damages, costs, or expenses which are sustained, incurred, or required arising out of the actions of my dependent in the course of the camp. I authorize that any medical, surgical, diagnostic and hospital procedures may be performed by a physician on my dependent if I cannot be reached in the event of an emergency.

Parent/Guardian Signature: _____ Date: _____

Visit uwlcamps.com for online registration and more information!