



## 2016 Summer Wrestling Camps

The UW-La Crosse Wrestling Program would like to invite athletes to join our coaching staff and college wrestlers to attend one of our camps designed to enhance your skills on the mat. These camps are open to all wrestlers, and all skill levels. Camp staff will work with you to grow your skills and make you the best wrestler you can be!

	<u>Excellence Camp</u>	<u>Elite Camp</u>	<u>Big Man Camp</u>
<b>WHO:</b>	Entering Grades 3-12	Entering Grades 7-12	Entering Grades 9-12
<b>WHEN:</b>	July 6-9, 2016	July 6-9, 2016	July 6-9, 2016
<b>COST:</b>	\$325 Resident \$225 Commuter	\$350 Resident \$250 Commuter	\$350 Resident \$250 Commuter
	<i>**If paying full amount prior to June 1, deduct \$25 for early registration**</i> <i>*Minimum of \$50 deposit must accompany registration*</i>		
<b>DESCRIPTION:</b>	The Excellence Camp offers instruction for wrestlers of all skill levels. This camp provides a great opportunity to learn new skills and test them out!	The Elite Camp is designed for those wrestlers that want to take their skills to the next level, and be tested in order to reach their fullest potential!	The Big Man Camp is a very specific camp for wrestlers at 171 lb and up! A great chance to compete against other top big men, and learn new skills!
<b>WHERE:</b>	All 3 camps are hosted on UWL campus. Wrestling will take place in the air-conditioned Eagle Rec Center, and all resident campers are housed in our air-conditioned Eagle Hall.		
<b>INCLUDED:</b>	Camp T-shirt, All meals for Resident Campers, Meals between sessions for Commuters		
<b>WHAT TO BRING:</b>	Pillow, sheets, blanket. Multiple sets of wrestling workout clothes. Wrestling shoes.		
<b>CAMP STAFF:</b>	All camps will be staffed by our UWL College Coaches, and UWL Wrestling Athletes		
<b>REGISTRATION:</b>	Please register in advance at: <a href="http://www.uwlcamps.com">www.uwlcamps.com</a> OR By filling out the registration form and sending it in.		

Visit [uwlcamps.com](http://uwlcamps.com) for online registration, printable registration, and more information!

# 2016 SUMMER WRESTLING CAMPS

July 6-9, 2016



## Registration Form

Please print clearly. We cannot process incomplete registrations. All information requested must be provided.

Participant's Full Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Grade: \_\_\_\_\_ Age: \_\_\_\_\_ Weight: \_\_\_\_\_ T-Shirt Size: YS YM YL YXL S M L XL XXL

Roommate Preference (Resident Campers Only): \_\_\_\_\_

Second Participant's Full Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Grade: \_\_\_\_\_ Age: \_\_\_\_\_ Weight: \_\_\_\_\_ T-Shirt Size: YS YM YL YXL S M L XL XXL

Roommate Preference (Resident Campers Only): \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_

Emergency Phone : \_\_\_\_\_ Emergency Alternate Phone: \_\_\_\_\_

Email (necessary for confirmation and camp communication): \_\_\_\_\_

Special needs for participant(s): \_\_\_\_\_

### Check Camp Attending:

\_\_\_\_ Excellence Camp

\_\_\_\_ Elite Camp

\_\_\_\_ Big Man Camp

Cost: \$325 Resident  
\$225 Commuter

Cost: \$350 Resident  
\$250 Commuter

Cost: \$350 Resident  
\$250 Commuter

Ages: Entering grades 3-12

Age: Entering Grades 7-12

Age: Entering grades 9-12  
\*weight 171 and up

**Minimum \$50 deposit must accompany registration. If paying full amount and prior to June 1, deduct \$25 from total registration fee.**

Amount Enclosed: \$ \_\_\_\_\_

Check enclosed, made payable to: UW-La Crosse

Return form to:  
UW-La Crosse Athletic Camps & Clinics  
25A Mitchell Hall  
1725 State St.  
La Crosse, WI 54601

**WAIVER:** Registration implies permission for photos, publicity and inclusion in a participant list unless camp director is notified in writing prior to camp. By signing this form I agree to hold harmless and indemnify UW-La Crosse, their officers, agents, and employees from any and all liability, loss, damages, costs, or expenses which are sustained, incurred, or required arising out of the actions of my dependent in the course of the camp. I authorize that any medical, surgical, diagnostic and hospital procedures may be performed by a physician on my dependent if I cannot be reached in the event of an emergency.

Parent/Guardian Signature: \_\_\_\_\_

Date: \_\_\_\_\_

visit [uwlcamps.com](http://uwlcamps.com) for online registration and more information!