



CAMP FACILITIES

The camps will all take place on the UW-L campus, in the Mitchell Hall Fieldhouse. The fieldhouse offers state of the art, drop down batting tunnels, as well as other nets and screens to maximize indoor baseball instruction. There is plenty of room to spread out and go through all infield drills as well. There is no better place in the area to be indoors for baseball.

WAIVER: Registration implies permission for photos, publicity and inclusion in a participant list unless camp director is notified in writing prior to camp. By signing this form I agree to hold harmless and indemnify UW-La Crosse, their officers, agents, and employees from any and all liability, loss, damages, costs, or expenses which are sustained, incurred, or required arising out of the actions of my dependent in the course of the camp. I authorize that any medical, surgical, diagnostic and hospital procedures may be performed by a physician on my dependent if I cannot be reached in the event of an emergency.

Parent's/Guardian Signature _____

Date _____

Please complete other side of form before submitting.

UW-L EAGLE ATHLETICS

- 19 NCAA Division III Sports
- 600 Student-Athletes
- 62 National Championships
- 365 Conference Championships
- 194 Individual National Champions
- 2,317 All-America Honors
- 69 CoSIDA Academic All-Americans
- 3.187 Cumulative GPA in 2012-13
- 200 Community Service Hours Per Team



WWW.UWLCAMPS.COM

OR

CAMPS OFFICE AT 608.785.8193
athleticcamps@uwlax.edu



UW-La Crosse Athletics



@UWLATHLETICS

UW-La Crosse is an affirmative action and equal opportunity employer and is in compliance with Title IX and section 504. Advise us at the time of registration if you desire special accommodations. Requests will be kept confidential.

UNIVERSITY OF WISCONSIN-LA CROSSE

INTERCOLLEGIATE ATHLETICS

WINTER BASEBALL CAMPS

2015



- Fundamentals Camps
- Hitting Camps
- Pitching Camps
- Catching Camps
- Infield Camps

Discounted prices available for campers who attend multiple camps

FEBRUARY 7, 15, 22, 28

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BUILDING CHAMPIONS.
In Sport. In School. In Life.

UW-L WINTER BASEBALL CAMPS

FEBRUARY 7, 15, 22, 28
MITCHELL HALL FIELDHOUSE ON THE UW-L CAMPUS

Join us this winter for the highest quality baseball instruction in the area.

We offer camps and clinics for kids of all ages, and at a variety of times and dates. It takes hard work, dedication, and love of the game to become the best baseball player possible, and we can help. The UW-L Eagles Baseball Program offers top-notch instructors and facilities to aid in getting all the preparation needed before the season rolls around. Campers get the personal instruction needed to improve in specific areas, including physical, mental, and strategic aspects of the game. So choose which camps you would like to attend, come learn and have fun! Coaches and parents are also welcome to watch all sessions.

YOUTH FUNDAMENTALS CAMPS

For boys & girls in grades: 4-6
12:30 – 2:30 p.m.

These camps are intended to cover all aspects of the fundamentals of the game. Spend time on hitting, fielding, throwing, baserunning, and a specialty period to focus on a specific position on defense, including pitching and catching. Both boys and girls are welcome. The goal of this camp is to teach repeatable fundamentals in an appropriate group size, and maximize our time to balance instruction and repetition.

*Participants are encouraged to bring their own bat if possible.

WINTER HITTING CAMPS

For boys in grades: 7-12
3-5 p.m.

Coaches will break down each individual swing and teach proper ways to be successful at the plate. Age groups and skill levels will be separated to optimize the overall experience. All participants will receive a multitude of swings at different instructional stations.

*Participants are encouraged to bring their own bat to camp if possible.

WINTER PITCHING/CATCHING & INFIELD CAMPS

For boys in grades: 7-12
1:15-2:45 p.m.

These camps are designed to isolate your specific position in the field and break down its components. Pitchers will focus on mechanics, ball location, changing of speed, ways to increase velocity, and injury prevention. Catchers learn blocking and receiving, set-up and stance, throwing and controlling the game. Infielders will receive instruction on both general fielding concepts as well as position specific instruction. All position groups will be separated based on age and skill level.

*Catchers gear will NOT be provided. If you catch, you will need to bring your own gear.

WHAT TO BRING/WEAR

• Glove • Athletic shoes • Shorts or sweats • Athletic supporter/cup • T-shirt & long sleeves • Catchers gear (if applicable) • Bat

CAMP STAFF:

Head Coach, Chris Schwarz

- 11th Season at UW-L
- 2006, 2012 WIAC Coach of the Year
- 2012 WBCA, D3baseball.com, & Midwest Region Coach of the Year
- Over 200 victories as Head Coach at UW-L

Assistant Head Coach, Scott Gillitzer

- 8th Season at UW-L
- Serves as Hitting Instructor, and Recruiting Coordinator
- Played professional baseball with the Los Angeles Dodgers
- Coaching experience at the D2 level, and in the Northwoods League

Assistant Coach, Joe Mohr

- 7th Season at UW-L
- Serves as Defensive Instructor
- Assists with recruiting & team operations
- Experience at the Junior College Level, and NAIA

Additional coaches will also take part, as well as current UW-L players. They bring their skill, knowledge and enthusiasm to help participants improve in their specific positions. Camper to instructor ratio will be at 5:1 or better for all camps sessions.

BUILDING CHAMPIONS

The UW-La Crosse Baseball is a program of rich tradition and has built a winning culture. Over the past three years, UWL Baseball has burst onto the national scene as one of the best programs in the nation. There is no limit to the success we can achieve!

- 2 NCAA Regional Play-off Appearances (2012, 2014)
- 2012 WIAC Regular Season Title
- 3 Straight Conference Tourney Game Appearances
- 2012 Conference Tourney Champions
- 1 Drafted Player (Joel Effertz, Miami Marlins 28th Round)
- 3 All-Americans
- 9 All-Region Players
- 19 All-WIAC Players
- 2 WIAC Scholar-Athletes
- 2 WIAC Position Players of the Year (2012, 2014)
- 1 All-Midwest Player of the Year (2012)
- WIAC Coach of the Year (2012)
- Midwest Coach of the Year (2012)
- New Indoor Hitting Center (2014)
- New home to UW-L Baseball — Copeland Park
- Installation of artificial turf infield
- Installation of new jumbo video board
- New pro style dugouts

Registration form: Please print clearly 2015 WINTER BASEBALL CAMP

Participant's Full Name _____

Current Grade _____ Age _____ Primary Position _____

Parent's/Guardian Name _____

Address _____

City/State/Zip _____

Cell Phone _____ Work Phone _____

Email — necessary for confirmation and camp communication _____

Special needs for participant(s) _____

Camp Sessions Attending (*Check all that apply*):

Hitting Camp	Pitch/Catch/Infield Camp	Youth Fundamentals
_____ Saturday, Feb. 7	_____ Saturday, Feb. 7	_____ Saturday, Feb. 7
_____ Sunday, Feb. 15	_____ Sunday, Feb. 15	_____ Sunday, Feb. 15
_____ Sunday, Feb. 22	_____ Sunday, Feb. 22	_____ Sunday, Feb. 22
_____ Saturday, Feb. 28	_____ Saturday, Feb. 28	_____ Saturday, Feb. 28

Discounts are available for campers attending multiple sessions.

Hitting/Pitch/Catch/Infield Camps	Youth Fundamentals
Attend 1 session: Cost \$50	Attend 1 session: Cost \$40
Attend 2 sessions: Cost \$90	Attend 2 sessions: Cost \$75
Attend 4 sessions: Cost \$180	Attend 3 sessions: Cost \$100
Attend 8 sessions: Cost \$300	Attend 4 sessions: Cost \$125

Amount Enclosed: \$ _____

Check enclosed, made payable to UW-La Crosse

Detach completed form and send with payment to:

UW-La Crosse Athletic Camps & Clinics
132 Mitchell Hall
1725 State. St.
La Crosse, WI 54601

REGISTER ONLINE FOR YOUR CONVENIENCE! Register online at: www.uwlcamps.com

Full registration can be taken online with your credit card. Online registration is provided by MyOnlineCamps. Online service charges apply and are NOT refundable by UW-La Crosse. Full payment of \$100 is required with fully completed registration for both mail and online registration.

Please complete other side of form before submitting.

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