

Dear Camper,

The coaching staff and players at the University of Wisconsin-La Crosse would like to invite you and your teammates to participate in the area's most comprehensive fall baseball instructional league.

We are excited to announce that this year we are adding a Middle School League for grades 5-6 & 7-8! The Middle School League will take place at the Shelby Fields, and will take place on the same five consecutive Sunday dates as the High School League: Sept. 13, 20, 27, Oct. 4 and 11. Both the High School League and the Middle School League have a heavy emphasis on instruction, during the games as well as in the one hour practice before each game. Each team will be assigned two UWL college players to serve as coaches for the duration of the fall, as well as UWL coaches instructing and supervising during all practice and game sessions.

Each player will sign up individually, however players are typically placed on the same team as their high school teammates. Middle School players can request to be placed on the same team as other players. It is permissible to register as a team, however, in order to do that contact Head Coach Chris Schwarz directly.

High School teams will rotate play between Copeland Park and UWL North Campus Field. Locations will be indicated on the master schedule, which will be emailed out and placed on our website ([uwlcamps.com](http://uwlcamps.com)) no later than September 8.

Each participant will need to bring the following items to each session: Baseball glove, bat, spikes, baseball pants, hat, athletic shorts, tennis shoes, supporter, cup, and a long sleeve shirt. Please mark your personal equipment so that all items can be identified.

The fees include 15+ hours of college level baseball games and instruction, a UW La Crosse baseball t-shirt, and a chance to share in the traditions of one of the premiere college baseball programs in Wisconsin.

I hope to see you on the field this fall!

Chris Schwarz

UW-L Head Baseball Coach



[WWW.UWLCAMPS.COM](http://WWW.UWLCAMPS.COM)

## UW-L EAGLE ATHLETICS

- 19 NCAA Division III Sports
- 600 Student-Athletes
- 67 National Championships
- 378 Conference Championships
- 211 Individual National Champions
- 2,472 All-America Honors
- 72 CoSIDA Academic All-Americans
- 3.240 Cumulative GPA in 2013-14
- 200 Community Service Hours Per Team



[WWW.UWLCAMPS.COM](http://WWW.UWLCAMPS.COM)

OR

CAMPS OFFICE AT 608.785.8193

[athleticcamps@uwlax.edu](mailto:athleticcamps@uwlax.edu)



UW-La Crosse Athletics



@UWLATHLETICS

UW-La Crosse is an affirmative action and equal opportunity employer and is in compliance with Title IX and section 504. Advise us at the time of registration if you desire special accommodations. Requests will be kept confidential.

UNIVERSITY OF WISCONSIN-LA CROSSE

INTERCOLLEGIATE ATHLETICS

EAGLE FALL INSTRUCTIONAL LEAGUE

2015



Middle School  
High School

SEPTEMBER 13-OCTOBER 11

[WWW.UWLCAMPS.COM](http://WWW.UWLCAMPS.COM)

BUILDING CHAMPIONS.

In Sport. In School. In Life.

# 2015 EAGLE FALL INSTRUCTIONAL LEAGUE

**DATES: SUNDAY, SEPTEMBER 13, 20, 27 AND OCTOBER 4, 11 (RAIN DATE IS OCTOBER 18)**

**Each player will be assigned a team in the league.**

High School league will play at: Copeland Park and UWL Campus Field  
We will rotate sites so that each team plays at both locations.

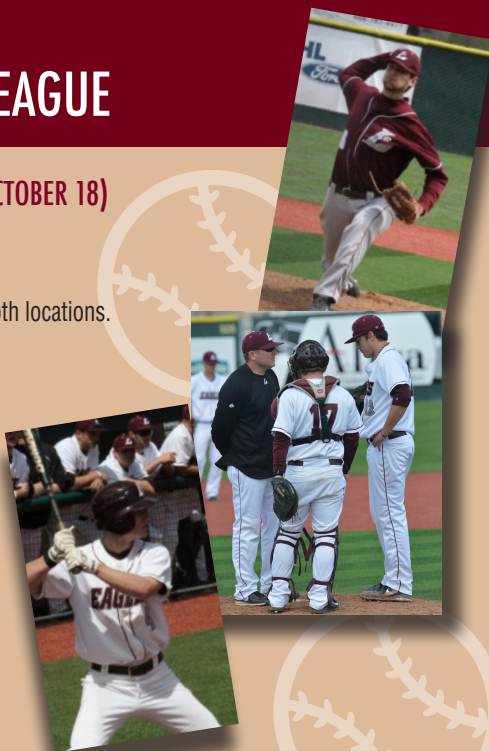
Middle School league will play at: Shelby Fields

Game and practice schedule for each team/player will be emailed to the participant no later than September 8. Please provide a valid email address on the registration form and print clearly.

Participants will be playing one game each Sunday, as well as one hour of practice time before each game. Depending on the number of participants, each team may play a double header on one date.

The UW-L coaching staff and UWL baseball players will serve as instructors.

Local umpires will work each game.



## HIGH SCHOOL LEAGUE

**COST - \$165**

Grades 9-12

Typically assign players from the same school to the same team.

All games are 7 innings, and may be restricted by time.

### HIGH SCHOOL FORMAT

TIME	SESSION
11 a.m.-2:15 p.m.	1
1:30-4:45 p.m.	2

**Registration deadline is Wednesday, September 2.**

## TYPICAL FORMAT FOR EACH SESSION

5-10 minutes	Active Warm-up
5-10 minutes	Throwing progression
45-55 minutes	Instructional Work Offense, Defense, P/C
1½-2 hours	6/7 inning game

## MIDDLE SCHOOL LEAGUE

**COST - \$125**

Two separate age groups:

5-6th Grade (75' bases, 50' mound – w/ lead-off)

7-8th Grade (80' bases, 55' mound – w/ lead-off)

All games are 6 innings, and may be restricted by time.

### MIDDLE SCHOOL FORMAT

TIME	SESSION
11:30 a.m.-2:30 p.m.	1
1:45-4:45 p.m.	2

**Rain date is scheduled for Sunday, October 18.**

**If you have questions contact Head Coach Chris Schwarz by email at [cshwarz@uwlax.edu](mailto:cshwarz@uwlax.edu) or phone 608.785.6540.**

## BUILDING CHAMPIONS

The UW-La Crosse Baseball is a program of rich tradition and has built a winning culture. Over the past four years, UWL Baseball has burst onto the national scene as one of the best programs in the nation. There is no limit to the success we can achieve!

- 3 NCAA Regional Play-off Appearances (2012, 2014, 2015)
- 2012 WIAC Regular Season Title
- 4 Straight Conference Tourney Appearances
- 2012 Conference Tourney Champions
- 1 Drafted Player (Joel Effertz, Miami Marlins 28th Round)
- 5 All-Americans
- 14 All-Region Players
- 28 All-WIAC Players
- 2 WIAC Scholar-Athletes
- 2 WIAC Position Players of the Year (2012, 2014)
- 2 All-Midwest Player of the Year (2012, 2015)
- WIAC Coach of the Year (2012)
- Midwest Coach of the Year (2012, 2015)
- New Indoor Hitting Center (2014)
- Home to UW-L Baseball — Copeland Park
  - Artificial turf infield
  - Jumbo video board
  - Pro style dugouts
  - Turf batting cages

**Registration form:** Please print clearly  
**2015 FALL INSTRUCTIONAL LEAGUE**

Participant's Full Name \_\_\_\_\_

Current Grade \_\_\_\_\_ School Attending \_\_\_\_\_

Parent's/Guardian Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Cell Phone \_\_\_\_\_ HomePhone \_\_\_\_\_

Email — necessary for confirmation and league communication \_\_\_\_\_

Special needs for participant(s) \_\_\_\_\_

Requested Teammate(s) \_\_\_\_\_

Primary Position (circle one): P C 1B IF OF

Circle your league: 9th-12th 7th-8th 5th-6th

Do you pitch? Yes No Do you catch? Yes No

Bats: R or L Throws: R or L

T-shirt size (circle one): YS YM YL YXL S M L XL

Check enclosed, made payable to UW-La Crosse.

**Detach completed form and send with payment to:**

UW-La Crosse Athletic Camps & Clinics  
132 Mitchell Hall  
1725 State. St.  
La Crosse, WI 54601

**Registration deadline  
is Wed., Sept. 2.**

**REGISTER ONLINE FOR YOUR CONVENIENCE!**  
**Register online at: [www.uwlcamps.com](http://www.uwlcamps.com)**

Full registration can be taken online with your credit card. Online registration is provided by MyOnlineCamps. Online service charges apply and are NOT refundable by UW-La Crosse. Full payment of \$100 is required with fully completed registration for both mail and online registration.

**WAIVER:** Registration implies permission for photos, publicity and inclusion in a participant list unless camp director is notified in writing prior to camp. By signing this form I agree to hold harmless and indemnify UW-La Crosse, their officers, agents, and employees from any and all liability, loss, damages, costs, or expenses which are sustained, incurred, or required arising out of the actions of my dependent in the course of the camp. I authorize that any medical, surgical, diagnostic and hospital procedures may be performed by a physician on my dependent if I cannot be reached in the event of an emergency.

Parent's/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_